

Core Theme 4 – Year 5 Sex Education	
Concept	Learning Points
Puberty GIRLS ONLY	<ul style="list-style-type: none"> • How bodies change as they approach and move through puberty. • Menstruation – have a basic knowledge about periods.
Puberty BOYS ONLY	<ul style="list-style-type: none"> • How bodies change as they approach and move through puberty. • Wet dreams

Core Theme 4 – Year 6 Sex Education	
Concept	Learning Points
Puberty GIRLS ONLY (revisited in less detail)	<ul style="list-style-type: none"> • How bodies change as they approach and move through puberty. Menstruation – have a basic knowledge about periods.
Puberty BOYS ONLY (revisited in less detail)	<ul style="list-style-type: none"> • How bodies change as they approach and move through puberty. Wet dreams
Reproduction	<ul style="list-style-type: none"> • Explore in a scientific context how babies are conceived. Reproduction in the context of a stable, loving relationship.