



## *Building a Bright Future Together*

### **Children's Mental Health Week**

This week is Children's Mental Health Week and the theme is Let's Connect.

Let's Connect is about making meaningful connections. People thrive in communities, and this connection is vital for our wellbeing. When we have healthy connections – to family, friends and others – this can support our mental health and our sense of wellbeing.

As parents and carers, you play an important role in your child's mental health. Here are a few simple ways you can support your child's understanding of connections:

- **Connect with your child in everyday ways** – e.g. when you pick them up from school, or come in from work, try to give them your full attention
- **Talk to your child about important connections**- e.g. family members, friends, neighbors, etc.
- **Talk to your child about their friends**
- **Take an interest in your child's world**
- **Find time to connect as a family** e.g. cooking, watching a film, playing a game, going to the park or even doing the family shop together
- **Try to resolve conflict and re-connect after arguments.**



### **Safer Internet Day**

Safer Internet Day is celebrated each year to promote the safe and positive use of digital technology. Safer Internet Day 2023 took place on the 7th of February 2023, with celebrations and learning based around the theme 'Want to talk about it? Making space for conversations about life online'.

As a parent or carer you play a key role in helping your child to stay safe online.

You don't need to be an expert on the internet to help keep your child stay safe online. Follow the link below to access advice and resources to help you support your child to use the internet safely, responsibility and positively.

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

### **World Book Day**

We will be celebrating World Book Day on Thursday 2<sup>nd</sup> March. The children will be discussing ideas with their teacher about costume ideas that link with a book they are reading in class. The book fair will be on for a week from Wednesday 15<sup>th</sup> March and will be open after school and on Parents' Evening.



### **Parents' Evening**

Parents' Evening will take place on Monday 20th March 2023. You will be able to look at your child's books and meet with a member of the teaching team to talk about how your child is doing in class. We will send a link to your mobile phone or email address which will take you to our online booking system to select a time convenient for you. **Please can a parent/guardian attend the parents' evening, rather than other family members. If you would like to bring another adult to interpret on the day, they are more than welcome.**

## Spring Term Diary Dates

<i>Spring Term 2023</i>		
Friday	10 <sup>th</sup> February	Non-uniform day UNICEF
Wednesday	15 <sup>th</sup> February	Parent Workshop - Positive Mental Health & Wellbeing 2.45p.m
Friday	17 <sup>th</sup> February	Kidz for Kidz
w/c 20 <sup>th</sup> February Half Term – school closed all week		
Wednesday	8 <sup>th</sup> March	Yr 4 Halle Youth Concert Bridgewater
Thursday	9 <sup>th</sup> March	School Photographer
Monday	20 <sup>th</sup> March	Parents' Evening
Tuesday	21 <sup>st</sup> March	Yr 3 and 4 Curious Critters
Thursday	23 <sup>rd</sup> March	Yr 2 Smithills Hall
Thursday	30 <sup>th</sup> March	Yr 1 and 2 Samba activity
<b>School closed from Monday 3<sup>rd</sup> April and reopens Monday 17<sup>th</sup> April 2023</b>		

*Please note all dates may be subject to change for unforeseen reasons.*

### Nursery Places Available

Currently, we have afternoon places available for eligible children in our nursery 2 year old unit and 3 year old unit.

If you have a child who will be eligible from September please put your name down on our waiting list to guarantee a place.

If you feel you may be eligible or you know someone who may be eligible please contact the school office.

Please visit our school website to view a video of our nursery. This can be found under the nursery tab.

### Turkey-Syria Earthquake appeal

On Friday 10th February we had a non-uniform day to raise funds for the Turkey-Syria Earthquake appeal.

**You raised an amazing £1353.03.** Thank you so much for your generosity. All proceeds will go to one of our chosen charities – UNICEF who will supply necessities and medical supplies to support the children caught up in this crisis.


unicef | for every child

### Punctuality

During the last few months, we have been really pleased with the number of children who are arriving in school at 8.45a.m. Every morning the children have a morning activity to complete, which is done before the register. Please keep up the good work and we hope to see everyone here for 8.45 a.m. every day.

***Please remember that if you have any concern regarding your child, no matter how small, please get in touch. We are always keen to ensure that all our pupils are happy and settled in school.***

If you or your family needs support, advice or information please contact Bolton Families Information Service. Tel: 01204 386030 email: [families@bolton.gov.uk](mailto:families@bolton.gov.uk) or try the following websites: [www.help4me.info](http://www.help4me.info) and [www.childcarelink.gov.uk/bolton](http://www.childcarelink.gov.uk/bolton)