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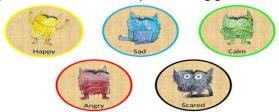
Building a Bright Future Together

Positive Education

Supporting our children's positive mental wellbeing is really important at Sunning Hill Primary School. To develop this further our staff have been working alongside a positive psychologist so we can develop this even further. Across school children are practising meditation, being compassionate and kind, and developing their inner friend. In EYFS and Key stage 1 they are focusing on naming all the different emotions they might feel by relating these feelings to colours.

We recently held a workshop for parents in which we shared ideas on how you can practice these things at home:

- Ask your child to tell your 3 positive things about their day.
- Practice gratitude- think about what they are grateful for.
- When they are feeling angry, upset or anxious get them to practice finger breathing/mediation.
- > If they are unable to put into words how they are feeling get them to use a colour to describe it.



Fire Safety in the home

The Fire Service have visited Y2 and Y6 to talk to them about how they can keep safe within the home and shared their top tips which are below:

- Make sure you have at least one working smoke alarm and check it regularly.
- Know your escape plan should a fire occur.
- Take pans off the hob or turn down the heat if you get distracted or called away from the cooker.
- > Keep portable heaters at least one meter away from furniture and other flammable items.
- > Don't overload extension leads or adapters and check wires to ensure they are in good working order.
- If you have a fire, get out, stay out and call 999.

World Book Day

Well done to everyone who dressed up for World Book Day, you all looked fantastic and it was great to see all the different characters from different books. Remember - reading doesn't just have to be about reading books - words are everywhere. Please encourage your child to read whether this is the back of a cereal box, shop names or signs on the motorway.

The Book Fair will be in the hall after school from Wednesday 15th – Wednesday 22nd March.







Spring Term Diary Dates Spring Term 2023 17th March **Friday Non-Uniform Comic Relief** 20th March Monday Parents' Evening 20th-22nd March Mon-Fri **Book Fair in the hall** Tuesday 21st March Yr 3 and 4 Curious Critters 23rd March **Thursday** Yr 2 - Smithills Hall 30th March **Thursday** Yr 1 and 2 Samba activity School closed from Monday 3rd April and reopens Monday 17th April 2023 Summer Term 2023 Wednesday 3rd May Rec - Smithills Farm 5th May **Friday King's Coronation Celebrations in school** 8th May Monday King's Coronation Bank Holiday School Closed 22nd May -26th May Yr 5 Swimming Mon-Fri School closed from Monday 29th May and reopens Monday 5th June 2023 5th June – 9th June Mon-Fri Yr 5 Swimming

Please note all dates may be subject to change for unforeseen reasons.

Eid Gifts for the community

There will be many people within our community celebrating Eid in April. We know that some people are on their own or who are selfless in supporting the community and we want to bring some joy to them by providing an Eid gift. If you know someone who you feel would appreciate one of these gifts then please contact the office by Friday 23rd March 2023.

The family or person nominated will need to live within walking distance of Sunning Hill as the children will be hand delivering the gifts.

Parents' Evening

Parents' evening will take place on Monday 20th March. Once again, this will be an opportunity to chat with your child's teacher and look at their books. Please enter via the Key stage 1 playground.

You should have received a link to book your appointment. If you have not booked an appointment please contact the office.

Attendance

Please can we remind families that holidays will not be authorised during term time and will result in a fine if more than 10 sessions (5 days) are taken. If your child is ill, please email or phone the office giving the reason your child will not be in school. If the school do not receive a message this will be recorded as unauthorised.

Website Launch

We are in the process of designing our new school website which will be ready to launch next week. We hope you will find our new website interactive and user friendly. The new website is also mobile phone compatible so it will be far easier to navigate. If there is anything you feel we could add to the website then please contact the office with your suggestions.

Please remember that if you have any concern regarding your child, no matter how small, please get in touch.

We are always keen to ensure that all our pupils are happy and settled in school.

If you or your family needs support, advice or information please contact Bolton Families Information Service. Tel: 01204 386030 email: families@bolton.gov.uk or try the following websites: www.help4me.info and <a href="www.help4me.info and www.help4me.info and <a href="www.help4me.info and <a