



SUNNING HILL PRIMARY SCHOOL

NEWSLETTER

January 2024



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Building a Bright Future Together

Safer Internet Day

Safer Internet Day will take place on the 6th February. The theme is 'Together for a better internet'. In school we will be completing various activities to support the children's understanding of this.

It is really important to chat with your child regularly about staying safe online. If you are not sure where to begin, these conversation starters may help.

- ❖ Ask your children to tell you about the sites they like to visit and what they enjoy doing online. What games do you and your friends like to play online? Can you show me the websites you visit the most? Shall we play your favourite game online together?
- ❖ Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
- ❖ Ask them if they know where to go for help. Where can they go to find the safety advice, privacy settings and do they know how to report or block someone?

Children's Mental Health Week

Children's Mental Health Week will take place from 5-11 February 2024. The theme this year is 'My Voice Matters'. My Voice Matters is about empowering our children by providing them with the tools they need to express themselves.

As parents and carers, you play an important role in your child's mental health. Below are some top tips to help you.

1. We don't need to have just a 'one-off conversation about our mental health' – sometimes a chat on a journey or at bedtime is enough.
2. Children need to know it is okay to talk to you about all of their feelings. Please hear what they have to say, without interrupting them.
3. Please listen to them carefully and acknowledge how they are feeling.
4. Please don't worry about trying to fix things for them – they often just need to know you are there for them and understand what they are going through.
5. Sometimes they may not want to talk. Please trust that they will come to you (or another grown-up or someone their own age) when they are ready.
6. Sometimes a hug is all it takes to make them feel supported.

Spring Term Diary Dates

Spring Term 2024		
Wednesday	24 th January	Y3 Grosvenor Museum
Tuesday	30 th January	Y6 Crucial Crew
Friday	2 nd February	Whole School Number day – dress up in clothes that have a number.
Friday	9 th February	Y3/4 Coffee & Cake
Half term		
Monday	4 th March	Reception, Nursery 3's and Y6 Parents' Evening
Wednesday	6 th March	Y2 Smithills Hall
Thursday	7 th March	World Book Day – Dress up as a character
Wednesday	13 th March	School Photographs
Mon - Thurs	18 th -20 th March	Book Fair
February Half Term – school closes Friday 16th February at 2.30pm and reopens Monday 26th February		
End of spring term Holidays – school closes Thursday 28th March at 3.30pm and reopens Monday 15th March 2024		

Please note all dates may be subject to change for unforeseen reasons.

Supporting Our Families

As a school we are trying to find practical ways to help our families during these challenging times. There is support available from Bolton Council and local charities who can help with food supplies, warm home discounts and winter fuel payments. More information can be found by following the link. [Food, energy and safety – Bolton Council](#)

Please contact school if you need any additional help accessing any of the services available.

Supporting Our Chosen Charities

On Friday 15th December, we had our Jolly Jumper Day. You raised an amazing £303 for one of our chosen charities Bolton Hospice. We want to say a big thank you on their behalf for your kind donations.

Coffee & Cake

At the end of the autumn term Y1 & Y2 had a coffee and cake afternoon where families were invited to have coffee and cake with their children. This was a huge success and we had a hall full of parents enjoying delicious cake and having a chat.

The next event will take place on Friday 9th February for Y3 & Y4 children. We look forward to seeing you there.

Parents' Evening

This year parents evening will be done slightly differently as our usual date for Parents' Evening falls during Ramadan.

Parents Evening for Nursery 3's, Reception and Y6 will be held on Monday 4th March from 3.45 p.m.

Parents evening for all other year groups will take place after Ramadan on Monday 22nd April.

Please remember that if you have any concern regarding your child, no matter how small, please get in touch. We are always keen to ensure that all our pupils are happy and settled in school. If you or your family needs support, advice or information please visit families@bolton.gov.uk